



## **Personal Care Policy**

Two allocated members of staff will be responsible for changing the young person in their care.

Young people will provide their own nappies, pull-ups or pads and changing wipes. We will provide gloves; apron and anti-bacterial spray and these will be kept in the storage cupboard in the accessible toilet.

Gloves and aprons are to be put on before changing starts and the areas are prepared. The changing mat is to be wiped down with anti-bacterial spray before and after each change.

Changing areas are warm and there are safe areas to lay the young people if they need to have their bottoms cleaned.

Staff ensures that nappy changing is relaxed and a time to promote independence in each child.

Staff are gentle when changing; they avoid pulling faces and making negative comments about 'nappy content'.

staff does not make inappropriate comments about young people's genitals when changing their nappies, pull-ups or pads.

Young people should be encouraged to wash hands and have soap and towels to hand. They should be allowed some time for play as they explore the water and soap.

Nappies, pull-ups and pads are to be disposed of hygienically. Any soil (faeces) in nappies or pull-ups is flushed down the toilet and the nappy; pull-up or pad is bagged and put in the yellow bin.

Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for the parent to take home. Staff must wear gloves when handling soiled clothing.